

REGLEMENT

**39. RED BULL
DOLOMITEN
MANN**

12.09.2026

01. General

The Red Bull Dolomitenmann is an extreme sports event. Each participant must have sufficient fitness and experience in their discipline. Authorisation to start is dependent on acceptance of the conditions of participation. Each participant must sign the conditions of participation at the start number distribution. In addition, participation in the „briefing“ is mandatory, which will take place on 05 September 2026 at 17:45. All routes are only open for inspection before and after the competition. The inspection and training are the responsibility of the respective athlete and must take place with consideration for the rights of neighbouring residents and property owners.

02. Starting authorisation

All persons who have reached the age of 18 are eligible to start. For younger participants (absolute minimum age is 16 years), a declaration of consent from the legal guardian(s) is required at the latest when signing the conditions of participation or issuing the start number.

03. Registration

The registration phase for the 39th Red Bull Dolomitenmann begins on 10 March 2026 and ends on 21 April 2026. It is expressly pointed out that registrations can only be considered if all 4 participants have registered with full details and the entry fee has been received in full in the organiser's account. If this is not the case, the application will be considered not received. Registration takes place exclusively via the online registration on our website www.redbulldolomitenmann.com. All applications received by post, fax or telephone will not be considered. During the registration period, the current starting list will be published on our website with the starting places that have been confirmed by then. The organiser reserves the right to exclude persons from participation at any time without giving reasons.

04. Entry fee

The entry fee (200 € per person = 800 € per team) is to be paid only after receiving a starting place. Each team captain will be informed of the payment by e-mail. If the payment deadline specified in the e-mail (posting to the organiser's account) is not met, the right to the starting place that has been fixed up to that point will be forfeited. If a team cancels up to 21 days before the competition, the entry fee will be refunded in full. After this time, a refund is no longer possible, and the entry fee will be forfeited in favour of the organiser.

05. Participant limit

The number of teams participating in the qualification mode is limited to 90. 35 additional teams will be admitted to the race via wildcards, so that the total number of participants will be 125 teams of 4 people each.

06. Qualification points

Each individual participant will receive points in their discipline based on their placing in the Red Bull Dolomitenmann. The number of points awarded is staggered as follows: Participants who did not take part in the Red Bull Dolomitenmann in the previous year enter the competition with 0 points. To register for the 39th Red Bull Dolomitenmann, the individual points of the team members are added together and ranked. The 40 best teams in terms of points will receive a starting place. The team composition does not have to be the same as in the previous year. For example, participants from 4 different teams can form a new team in order to receive a higher number of points for the 2026 application. After 1 May 2026, the remaining starting places will be drawn at irregular intervals among all registrations.

Scoring System

50 Points	41 Points	31 Points	21 Points	11 Points	1 Points	0 Points	-1 Points	-5 Points	-15 Points	-25 Points	-35 Points	-50 Points
1 st	10 th	20 th	30 th	40 th	50 th	51 st - 74 th	76 th	80 th	90 th	100 th	110 th	125 th

07. Team composition

For teams that are allocated a starting place in the first registration phase, the following restrictions apply when exchanging team members: Team members may only be exchanged for athletes who have 0 or more Dolomitenmann points (see qualification points).

08. The following applies to all teams

- A maximum of 2 team members may be exchanged
- The official start list will be available from 10.09.2026. From this date no team member may be exchanged.
- As of July 1, 2026, only team members of the same gender may be exchanged.
- No sports equipment on stage during the award ceremony (bikes, kayaks, paragliders)

09. Personal responsibility

It is at the discretion of the respective athlete to start their competition, even if the race director clears the competition. If the race director interrupts the competition, his order must be followed. Furthermore, the respective legal regulations must also be observed and complied with during the competition (e.g. road traffic regulations). Despite road closures, oncoming traffic (e.g. marshals) may occur at any time. Ride with visibility!

10. Health

Every participant is obliged to undergo a medical examination by a doctor before the competition. By participating, the participant confirms that he/she is in perfect health to be able to fulfil the requirements of the respective competition.

11. Routes

Some of the routes lead to exposed areas. It is therefore recommended that you inform yourself in advance about the nature, the course and the dangers that may lurk on the route. However, caution is generally advised! Questions about the route must be asked at the briefing to avoid any ambiguities and thus incorrect route selection, use of unauthorised paths/shortcuts or failure to pass compulsory gates (etc.) by the team member and thus avoid disqualification. The routes are only open for inspection on the day before and on the day of the competition. It is strictly forbidden for non-participants to use the racetrack during the competition!

12. Race committee

The race committee reserves the right to change the course at any time, to cancel a competition or to evaluate it only partially. In particular, the race committee may change the course at short notice at the race director meeting on the day of the competition (07.30 hrs). The official announcement of the course will be made at the briefing.

13. Bad weather variant

The Dolomitenmann takes place in all weather conditions. Should one or more competitions no longer be sufficiently safe due to whatever circumstances (weather, etc.), the affected competitions will be postponed, shortened, only partially scored or completely cancelled. Which option is used depends on the individual situation. If a competition is cancelled, the Dolomitenmann will continue with the following discipline using the Gunderson method.

14 Official staff

The instructions of the organiser's official personnel (race director, start and finish judges, timekeepers, marshals, race doctors, rescue services, police and fire brigade) must be followed at all times. If an instruction is not followed, the participant in question will be disqualified. Disqualification will be carried out immediately by the organiser's official personnel on the competition course or by the organiser before the end of the protest period. This applies if a doctor or paramedic prohibits the participant from further participation for medical reasons. Furthermore, disqualification will result if the start is interrupted by official personnel of the organiser due to various circumstances (accident, etc.) but the competitor still starts, or the respective competition continues. The officials are to be equipped with high-visibility waistcoats or professional clothing.

15. Aids

Participation in the sports competition is exclusively by human muscle power and for this reason the use of aids (demonstrative list: motorised climbing aids, crampons, weights for paragliding, rollers attached to the kayak for the carrying passages, doping etc.) as well as the use of external aids (demonstrative list: pushing, pulling, riding along, accompanying, speeding up, helping to carry etc.) of any kind is strictly prohibited and will be punished by the organiser with disqualification and a participation ban of 2 years. Paragliding supplement: Any ascent using motorised aids (e.g. motorbike, car or helicopter) other than the ascent aids provided by the organiser are prohibited and will result in immediate disqualification. The organiser will endeavour to make the ascent to the start as pleasant as possible for all athletes. Persons who are currently banned in accordance with a decision of the World Anti-Doping Agency (NADA) or a national branch of the same or an independent arbitration commission are prohibited from participating. The start list will not be checked by the organiser in this respect. This control is the responsibility of the team managers. If a protest against a team is upheld, the entire team will be disqualified from the competition and the entry fee will be forfeited.

16. Fairness

Unfair or dangerous actions of any kind towards other participants will result in immediate disqualification.

17. Classification

Teams in which all four members have properly completed their disciplines will be included in the team ranking. If one or more participants of a team are disqualified, the remaining members will be listed in the individual rankings, but the team itself will be disqualified. There will be an overall ranking as well as an amateur ranking. If more than 10 women's and/or mixed teams (with at least one and a maximum of three women per team) participate, a separate ranking will be established. At the awards ceremony, the three fastest teams in each ranking will be honored. The cut-off date for the inclusion of additional rankings is July 1, 2026, at 11:59 PM. From that point onward, only team members of the same gender may be substituted.

18. Professional/amateur status

If a registered team scored more than 100 Dolomitenmann points in total in the previous year, it is not allowed to start in the amateur class.

No team competing in the amateur class may include a participant who achieved 31 or more Dolomitenmann points in an individual discipline in the previous year!

Furthermore, no member of an amateur team may be ranked among the Top 15 as of September 1st in any official main World Cup ranking managed by one of the four sector associations (exceptions apply to age categories such as juniors, seniors, etc., women's categories, or special categories such as para-athletes, etc.). If there is no main World Cup ranking in the current year, the most recent valid World Cup ranking will apply.

In addition, no team may compete in the amateur class if any team member has participated in World Championships and/or the Olympic Games in their discipline within the past 12 months. Exceptions also apply here to age-group events, women's competitions, or special category events.

An appeal against the starting list is permitted until September 11, 2026, at 5:00 PM (official announcement of the starting list). After this deadline, the starting list becomes final and no protests or objections will be accepted.

If at least 10 women's teams participate, a separate women's ranking will be established, equivalent to the amateur ranking (non-cash prizes). The cut-off date for the inclusion of additional rankings (women) is July 1, 2026, at 11:59 PM. After this date, only team member substitutions within the same gender will be allowed.

19. Sponsor areas

The attachment/wear of own sponsors on the athlete or sports equipment must not exceed a maximum size of 8cm x 8cm. In the event of non-compliance, the OC reserves the right to disqualification or a ban from the start by the marshals!

It is forbidden for any participant to cover or remove any of the organiser's sponsor surfaces (start numbers, banners, headbands etc.). The display of non-organiser sponsors along the route is prohibited. The participant expressly agrees that the entire area of the respective headgear (helmet, cap, etc.) is exclusively at the disposal of the organiser. Furthermore, the start numbers may not be covered by the participant's own sponsors. The body area and the areas on the respective sports equipment may be used freely except for the above-mentioned restriction. Race numbers and sponsor stickers may only be removed after leaving the finish area.

It is strictly prohibited to bring products or promotional materials from manufacturers who are not official sponsors of the Red Bull Dolomitenmann into the start/finish area or the award ceremony. Failure to comply will result in team disqualification!

20. Time limits

Start of the race: 10:00 am

End of race: 16:30

Expected winning time: 14:00

- At 11:15 all mountain runners who have not yet passed the „Hallebachtal Entrance“ checkpoint will be removed from the race.
- At 12:15 pm all paragliders who have not yet reached the finish will be released for the start.
- Women's start time limit (2-person start) 12.45 pm At 12.45 pm, all mountain bikers whose paragliders have not yet reached the finish in the Dolomitenstadion will be sent into the race in a mass start.
- 15.10 pm Time limit Hochstein Cross - 15.45 hrs Time limit „Moosalm“ At 15:00 hrs the block start for white water kayaking takes place.
- 16:10 Isel town time limit

All athletes who do not reach the time limit will have their race number taken and can collect it at the race office at the end of the race. The official end of the race is at 16:30. Athletes who reach the finish after this time will not be included in the individual classification or in the official final classification as a team. Addendum: These time limits may be changed due to possible postponements (e.g. due to weather conditions) or alternative routes. Athletes will be informed by the organising committee in good time.

21. Environment

The route leads partly through high alpine terrain. Each participant must ensure that the race route and the surrounding landscape are impacted as little as possible.

22. Race committee / Protest committee

All disputed issues will be decided exclusively by the race committee. Protests must be submitted in writing to the race office by 5.30 pm on the day of the race at the latest for a fee of € 500. If the protest is upheld, the fee paid will be refunded, otherwise the protest fee will be forfeited in favour of Wings for Life. The race committee will make a final written decision on the protest by 6:00 pm at the latest. No further appeal is permitted against the final decision of the race committee.

23. Members of the race committee

OC management: Nikolaus Grissmann

Race directors:

Peter Mayr

Thomas Zimmermann

Stefan Mayr

Hans Schneider

Race doctor: Dr Franz Krösslhuber

Competition directors

Mountain running: Alfred Unterasinger | Paragliding: Markus Hainzer | Mountain bike: Manfred Hofmann | White water kayaking: Günther Oberwalder

25. Image rights

By participating in the Red Bull Dolomitenmann, each participant grants the organiser, Red Bull GmbH and the broadcasting TV and radio stations and photographers the irrevocable right to exploit and publish the recordings (audio and video) made by him/her in connection with participation in the Red Bull Dolomitenmann without compensation and without time or space restrictions by means of any technical process for any permitted purpose (in particular also for marketing purposes).

26. Liability

Participation in the Red Bull Dolomitenmann is associated with certain and uncertain risks for the participants. By signing the conditions of participation, the participant declares that, should he/she suffer any damage or injury, he/she will not assert any claims for compensation whatsoever against the organizer, the clubs responsible for the competitions or Red Bull GmbH or its affiliated companies. Furthermore, by signing the conditions of participation, the participant confirms that he/she has valid personal liability insurance, valid personal leisure accident insurance and mountain cost insurance covering their participation in the Red Bull Dolomitenmann. The participant shall indemnify and hold harmless the organiser, Red Bull GmbH and its affiliated companies for all damages incurred by them as a result of their participation in the Red Bull Dolomitenmann.

27. Note

The Organising Committee reserves the right to decide against the regulations in individual cases. These decisions have no influence on the overall regulations and therefore only apply in this specific case.